



AGNES Radiofrequency Micro-Needling

Pre-Treatment Instructions

- Avoid Aspirin, NSAIDS, or blood thinning medications for 10 days before treatment.
- Avoid Retinol Products for 2 weeks before the treatment.

Post-Instructions

- You will have an Occumend Gel pad on after the procedure. Leave it on until the following morning. The next morning you may remove and wash with a gentle cleanser.
- You will experience swelling and bruising the first 1-3 days that may last up to a week. The area may be tender to touch. The healing process will continue over the next four weeks as your body removes the melted fat cells from the procedure. You will also develop more collagen to tighten the skin of the treated area.
- Ice the area frequently for the first 2 days to decrease the swelling. Once swelling decreases, Apply Warm compresses starting day 3, three times a day for 3 days. Warm compresses increase the blood flow to the area and promote healing.
- Avoid wearing makeup for the first 48 hours. Protect your skin with sunscreen.
- Avoid Retinol or harsh cleansers for 1 week following the procedure.
- EYE BAG Procedures: Starting the morning after procedure, Apply Maxitrol ointment (ophthalmic use) twice a day for 1 week on treated area to prevent any infections and decrease inflammation as directed by provider. (EYE Bag patients).
- Call the office with signs or symptoms of infection, (fever of 101 degrees or above, yellow/green drainage from site, redness around the site of treatment) abnormal swelling, or change in vision.
- Take a picture daily to track progress.
- Schedule a follow up visit in 1 week. We will call you the day after the procedure to answer any questions or concerns. Call 217-679-3598 or text after hours 217-414-0168 with concerns